

Name: _____

Please help us evaluate the distance learning project on incontinence management by completing this post-project quiz. All nurses who participated in the project and who want to earn CE credit for the course are required to submit a post-test. As you may recall, the course is approved for 24 contact hours, valid in all states, by the Tennessee Nurses Association.

Be assured that individual responses to the post-test will be kept confidential and any public presentations or publications based on results will not allow identification of individuals participating in the study.

Please fax the completed quiz to Program Manager Anna Rahman at (513) 561-1301 or mail it to her at 8550 Willow Run Court, Cincinnati, OH 45243. If you have any questions, please contact Ms. Rahman at rahmananna@yahoo.com or (513) 258-4421. Thank you.

INCONTINENCE MANAGEMENT QUIZ

Instructions: Check the best answer.

1. In order to stay dry, incontinent residents need toileting assistance how often within a 12-hour period?

- a. ___ 1-2 times
- b. ___ 3-4 times
- c. ___ 5-6 times
- d. ___ 7-8 times

2. On average, how often is toileting assistance usually offered during the daytime to incontinent nursing home residents?

- a. ___ Less than once during the day
- b. ___ 1-2 times
- c. ___ 3-4 times
- d. ___ 5-6 times

3. Which of the following has been shown to significantly improve continence?

- a. ___ Scheduled toileting
- b. ___ Prompted voiding
- c. ___ Habit training
- d. ___ Use of diapers

4. Prompted voiding works by:

- a. ___ Encouraging residents to ask for toileting assistance.
- b. ___ Offering toileting assistance every two hours during the daytime.
- c. ___ Heightening residents' awareness of their continence status.
- d. ___ All of the above.

5. A resident's responsiveness to prompted voiding can best be determined based on a:

- a. ___ Functional performance test
- b. ___ Cognitive performance test
- c. ___ Brief trial of prompted voiding
- d. ___ Any one of the above tests or trials

6. Residents who prove responsive to prompted voiding will use the toilet appropriately:

- a. ___ Less than a third of the time
- b. ___ About half the time
- c. ___ More than two-thirds of the time
- d. ___ Always

7. Which of the following strategies can make it more feasible for facilities to provide prompted voiding?

- a. ___ Forego offering prompted voiding at nighttime
- b. ___ Integrate prompted voiding with interventions that enhance residents' mobility
- c. ___ Reduce the number of daytime hours during which prompted voiding is offered
- d. ___ All of the above

8. If your facility fails to monitor its prompted voiding program, then:

- a. ___ Federal surveyors may cite your facility.
- b. ___ Nurse aides may stop implementing the prompted voiding protocol consistently.
- c. ___ Residents will lose their ability to use the toilet appropriately.
- d. ___ All of the above.

9. The purpose of a control chart is to:

- a. ____ Compare a resident's preferences for toileting assistance to the amount of toileting assistance actually provided.
- b. ____ Compare the number of times a resident toileted appropriately to the number of times the resident was asked to toilet.
- c. ____ Compare the percentage of residents found wet at any given time to the percentage who should be wet if the prompted voiding program is working as expected.
- d. ____ Compare the incidence of incontinence in a given facility to the incontinence incidence in all other nursing homes.

10. Sharing the results of wet checks with your nurse aides can:

- a. ____ Elicit their suggestions for resolving any problems that may arise in the prompted voiding program.
- b. ____ Help aides see a tangible connection between the work they do and the well-being of residents.
- c. ____ Motivate the aides to consistently implement the prompted voiding protocol.
- d. ____ All of the above.